



SpaAsia's Connoisseur Collection of the World's Finest Spas...

*"For the weary soul that yearns for solace, the restless spirit that seeks to satisfy the wanderlust or even one that looks for that stairway to heaven, there is something here that fits the bill."*

**METHODOLOGY:**

- ▶ Properties that we have listed as the very best of 150 spas in the world have matched SpaAsia's standards of expectations in the following areas:
  - Exquisite location • Inspiring concept or philosophy • Uplifting ambience
  - Exceptional/spacialized/outstanding spa menu • Hospitality excellence
  - World-class spa facilities • Dedication and commitment to wellness
  - Professional Management

▶ The listing is in alphabetical order and is no reflection of any ranking accorded. And due to space constraints, we have not been able to provide write-ups for all 150 properties listed in the world map.

▶ \*\*\* Properties that are selected based on quality of wellness retreat.

▶  SpaAsia Crystal Awards 2004 Winner

 SpaAsia Crystal Awards 2005 Winner



created spa product range – AweidGarden, QiGarden and JamuGarden giving it authenticity and true quality. Enter this world and experience the healing touches of ancient Eastern secrets!

#### ■ KIRANA SPA

This haven crafted out of a virgin forest is in a world of its own, untouched by time. Upholding artistic ancient traditions, it exudes exclusive privacy in every corner.

⊕ This gem offers one of the best respites from the outside world. Co-existing peacefully with nature under the guidance of Shiseido, it brings with it over a century of knowledge, quality and the art of human sensitivity into its spa menu. Original treatment techniques found only in Kirana Spa are the likes of *Shoku & Atsu*, *Rhythm of Respiration*, *Tokumyaku & Ninmyaku* and *Awakening*.

#### ■ LOSARI COFFEE PLANTATION, RESORT & SPA

Who would have thought a Javanese coffee plantation could give birth to a place of ethereal beauty? It is a world where time stands still in the magical highlands of Central Java. Set among eight volcanoes, this Eco Resort & Spa infuses spiritual peace into weary souls. Ancient Javanese traditions rule here, especially in its spa.

#### ■ MAYA UBUD RESORT & SPA

A retreat for contemplation and inward self-journey Maya Ubud helps you to reconnect with your self or rediscover romance with your loved ones. Romantic interludes, quiet seclusion are the religions here. Its intimate spa that overlooks the Petanu River brings to perfection the art of connecting with your soul. Bliss, peace and romance happen.

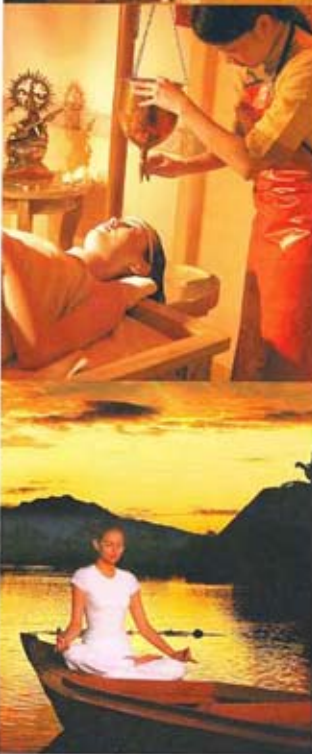
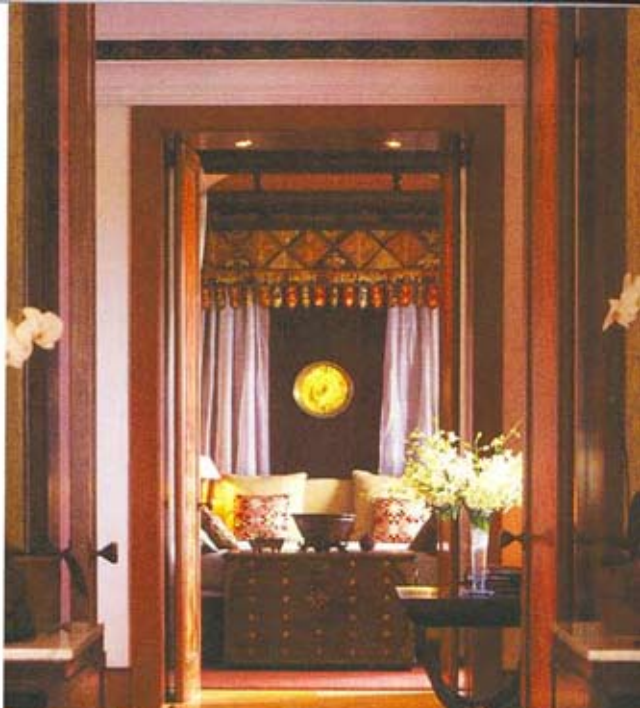
#### ■ TAMAN SARI ROYAL HERITAGE SPA

The Taman Sari was the bathing sanctuary of the royalty during the Ngayogyakarta era. Drawing inspiration from it, Taman Sari embodies all that was unique to the Javanese Keraton tradition – its philosophy, ambience, service, treatments and ingredients. Behind these walls, royal secrets are unveiled.

⊕ Embrace the experience of holistic treatments – beauty and health secrets from the Keraton kingdom – the *Asmaragama Raras Penganyan Wedding Treatment*, *Ancient Javanese Healing*, *Post Maternity Package*, *Royal Javanese Pampering*, *Spiritual Massage* and *Merapi Volcano Mud Body Wrap*.

#### ■ THE BALÉ

Secluded in the wind-swept hills of Nusa Dua, this stylish resort overlooks the serene Indian Ocean. The 20 luxurious pavilions of contemporary chic come with a private pool, a secret garden, and an individual balé bengong day-bed. A team of butlers attend to



your every whim and fancy. A great escape from outside world.

⊕ Cultivated from healing rituals of its land, Sanctuary Spa & Wellness Centre is what its name suggests. Ancient Balinese rites of balancing body and soul hold court here. The latest, *Zen Ri* harnesses the balancing power of green tea – a ritual created to induce Zen-like calmness.

#### ■ THE DHARMAWANGSA HOTEL

A stately and charming manor that exudes privacy and luxury, Bimasena Spa has everything you desire in a spa and more... The *Chocolate Treatments* and *Pearl & Tuberose Ritual* are two of its must-have goodies!

#### ■ THE LEGIAN & THE CLUB at The Legian Bali

The Legian offers oodles of space, privacy and tranquility by the sea. Its newest 'The Beach House at The Legian' has romance and the ambience of Balinese life in mind. Legendary sunsets, a lullaby of the ocean make for timeless romance. Club is a ritzy intimate villa with its own private butler. Want ultimate pampering? Trust The Legian to deliver the best!

⊕ The Spa seeks to 'balance and replenish your spirit'. Carefully selected body elixir and holistic rituals see to this. The *Wave Massage* is delivered with long caressing strokes that cleverly mimic the natural surf. Try it!

Images (top left): The Dharmawangsa; (middle left): Kirana Spa; (bottom left): The Dharmawangsa; (bottom right): The Dharmawangsa