

## Balinese Boreh & Balinese Murut

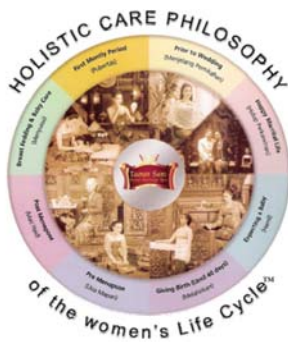


Herbs are commonly used in various Spa treatments all over the world. The Indonesian and particularly Balinese people use herbs not just for Body care but also as internal medicines and we call this Jamu. Jamu is made from herbs and roots and is believed to preserve inner beauty while traditional massages and other body treatments enhance outer beauty..

Taman Sari Royal Heritage Spa in Whistler has just launched the Balinese and Balinese Murut as part of their luxurious Spa treatments this year. Balinese Boreh and Balinese Murut are the traditional remedies among the Balinese royalties for centuries. It is believed that Boreh stimulates body warmth and relieves aching muscles and joints. Because it encourages body warmth, the Boreh is also good for relieving fevers and headaches, and preventing colds. Murut on the other hand is believed to help rejuvenate skins cells by exfoliating the dead skin cells. It also promotes the growth of new skin cell by keeping the moisture of the Skin long after the treatments.



Taman Sari Royal Heritage Spa manufactures all of the products we use in our Spa. By doing it, we maintain the quality of the raw materials used in our products and the making-process of this products which has been preserved for ages. The main ingredients of our Balinese Boreh powder are clove, ginger root and cinnamon which are cultivated and harvested in the island of Java and Bali, Indonesia. In order to make Murut powder, we add candle nuts which has moisturizing properties for the skin.



To complement the various body treatments in our Spa, we also manufacture various types of Jamu. The founder of Taman Sari Royal Heritage Spa and Mustika Ratu (its parent company), Mrs. Mooryati Soedibyo also introduces Women Life Cycle Diagram. This diagram helps women to choose the type of Jamu that is suitable for their age, and their specific illnesses. Please [www.tamansarispa.com](http://www.tamansarispa.com) to learn more about our Beauty and Body Care Philosophy.

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