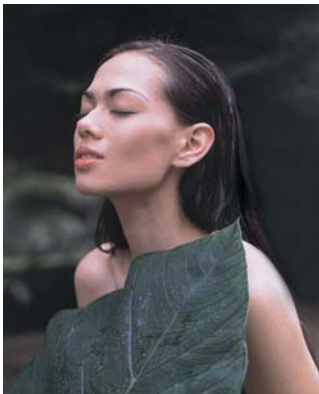




Crème Bath (Hair/Scalp Treatment with Coconut Cream)

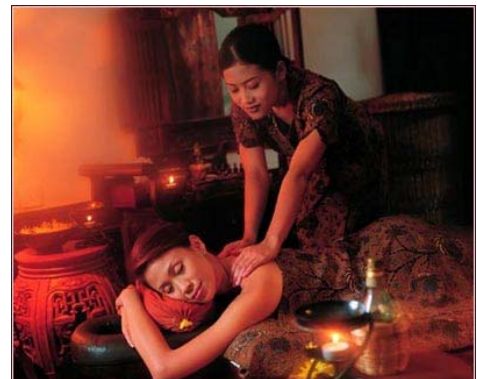


The crème bath is synonymous with hair salons everywhere in Asia where hair is a major focus of beauty ritual. It is one of the most popular methods of maintaining the sleek and shiny texture for which Asian women's hair is renowned. This treatment is very popular among Asian men too, as it is believed to prevent baldness.

The therapists run their Coconut based cream-coated fingers through section after section of hair leaving your head feeling cool, clammy, heavy and 'goosey'. Then lie back to the touch of rhythmic finger movements that massage the scalp and gradually move down the neck and shoulders. While you drift off into limbo, the crème is stimulating the scalp and the hair follicles and softening and strengthening the strands of hair.

Traditional Javanese Massage

We are creatures designed for touch. It is certainly the most personally experienced of all sensations. And the Javanese people in Indonesia understand this better than most. Low-touch Western society keeps tactile expression behind closed doors, while Indonesians touch all the time: walking hand in hand and arm in arm, and stroking each other as a way of life. They carry compassion in their hands. This they pass on naturally through massage to all the family from birth to death.



In traditional Javanese Culture, massages are done in the whole body, from head to toe to cure illnesses without medicine. We believe that each body part requires different massage technique that if applied to specific trigger point allows the body to heal itself. The Javanese massage techniques include deep pressure, thumb pressure, palm stroking, and kneading, here is what to expect:

- medium to hard pressure
- scented massage oil
- long sensual stroke, working the length of the muscle to relieve tension. All sequences finish with upward stroke toward the heart.
- Rolling skin between thumb and forefinger to spark up the nerve endings and increase the blood flow.
- Circular thumb movement for the same.
- Pressure on the points in the foot and hand reflex zone.

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